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RUSLAND VALLEY HORTICULTURAL SOCIETY Ltd.

President: Mr Antony Meanwell

Vice-President: Janet Benefield

141st Sports and Hound Trails

to be held in Whitestock Meadow, Rusland, LA12 8LB

Saturday 15th August 2026

Commencing at 12.20 pm

Children's Fancy Dress Competition

Children's Pet Show

Dog with the Waggiest Tail Competition

Handicap Flat Races

5 Fell Races

Children's Races

Adults Egg & Spoon Race

Egg Throwing & Catching

Tug of War

and other events

5 Hound Trails

Jester's circus skills workshops

(kindly sponsored by Rusland Valley Community Trust)

ENTRY TO SPORTS INCLUDED IN SHOW ENTRY

www.ruslandshow.org

PROGRAMME OF SPORTS

****ALL FELL RUNNERS need to register at the Sports Tent****

Junior Fell Races Only - Age on 31st December 2026

***Track runners enter at the start of each race ***

(No pre-entry required)

Only competitors for the race taking place and officials are allowed in the ring.

Only one cash prize can be won per race.

Children's U14 obstacle race will be arranged during the afternoon
(no pre-entry required).

The Rusland Valley Community Trust (R.V.C.T) has kindly donated towards prize money in all senior fell and track races in memory of Giles Wingate Saul.

For 2026 the prize money in the 90m senior track race has been increased due to a donation from an anonymous supporter of the sports.

Our thanks to R.V.C.T, NFU Ulverston and Furness & South Cumberland Supply Association for contributing towards the children's sports trophies.

The Mark McGlinch Cup & £20 Prize for the Senior Athlete of the Day will be awarded to the senior runner who accumulates the most points in track events

The Spirit Of Rusland Trophy & £20 Prize in 2026 will be awarded to the female track athlete of the day, as decided by the handicapper.

The Graham Wilkinson Cup plus keep sake for the Junior Athlete of the Day will be awarded to the U17 runner who accumulates the most points in track events.

The E.L. Martin Cup will be awarded to the best local Junior Fell Runner.

Sports trophies will be presented at the awards tent, full fell race results will be available on the Rusland Show website after the event.

The committee would like to thank everyone who has sponsored or donated prizes for the sports, members of the St. John Ambulance Brigade (Ulverston Section), the officials and those who have helped in any way to make this event a success.



Stay on after the Show and enjoy live music in the tent from:

John Lamb & Co – Americana – with some blue grass and banjo

The bar will remain open after the final event whilst the band is playing.

Finally we would like to thank you all for coming, we hope you have enjoyed your day and look forward to seeing you next year on Saturday 21st August 2027

Thank You!

The raffle is hugely important to Rusland Show.

The organisers would like to thank everyone who buys tickets and also the following local businesses who have provided some magnificent prizes - we couldn't do it without them!

Please show your support for:

- | | | |
|-----------------------|-----------------------------------|---------------------------|
| • Allan Tarn Retreat | • Hawkshead Relish Company | • Kin Toffee Vodka |
| • Biketreks Grizedale | • Lakeside & Haverthwaite Railway | • Pure Lakes, Sawrey |
| • Go-Ape Grizedale | • Windermere Lake Cruises | • South Lakes Solid Fuels |
| • Tesco, Ulverston | • Two by Two, Ulverston | • Mybuttonhappiness |

Craft & Local Interest Tent

During the afternoon make sure you visit the craft and local interest tent.

Ellen Progson - Ceramics
Sarah Seedling - Crafts
Northern Bakes - Cakes & Savoury's
Shed One Gin
David Osprey - Croft Honey
Callymats - Door Mats
Roselyn - Resin Crafts
Pure Pets - Dog Food
Axpexstrides - Walking Related Gifts
Colton Parish Council
Rooke How
Bethacar Commoners
Rusland Church Tower Restoration Group

Mandy Allen - Paintings
Cotton Fox Crochet - Woollen Crafts
Owen Jones - Woodland Crafts
Jane Bradbury - Weaving
Elmlath - Handmade Furniture
Ameli Designs - Small Gifts
Meg Fletcher- Rwanda Style Gifts
Furness Spinners
Hanalin Crafts Penni Simpson - Glass Fusion.
The Woodland Trust
Oxen Park Cinema Club
Best Path formerly Rusland Horizons
Westmorland Red Squirrels
Bramwells - Fly Tying Demo

After 12.20pm times are a guide only.

- | | | |
|-----------------|-----------------|--|
| 12.20 pm | Event 1 | Five Mile Fell Race
Men's Prizes: 1 st £40 & The Rusland Trophy, 2 nd £20, 3 rd £15
Ladies Prizes: 1 st £40 & Julia Crowe Trophy, 2 nd £20, 3 rd £15.
Male & Female Veterans Prizes -
over 40: 1 st £10, over 50: 1 st £10, over 60: 1 st £10 |
| 12.30pm | Event 2 | 90 metres Handicap (Heats) Boys: 8 – 16 years old |
| | Event 3 | 90 metres Handicap (Heats) Girls: 8 – 16 years old |
| | Event 4 | 90 metres Handicap (Heats) Seniors (17 years & over) |
| | Event 5 | 90 metres Handicap (Final) Boys: 8 – 16 years old
3 Trophies |
| | Event 6 | 90 metres Handicap (Final) Girls: 8 – 16 years old
3 Trophies |
| | Event 7 | 90 metres Handicap (Final) Seniors (17 years & over)
1st Sprint King Trophy & £80, 2 nd £40, 3 rd £20, 4th - 6th - £10 |
| 1.00pm | | FANCY DRESS COMPETITION (12 years and under)
Theme - Something beginning with C |
| 1.15pm | Event 8 | 800 metres Handicap Boys: 8 - 16 years old
1 st John Morgan Boys Trophy Plus 3 Trophies |
| | Event 9 | 800 metres Handicap Girls: 8 - 16 years old
1 st John Morgan Girls Trophy Plus 3 Trophies |
| | Event 10 | 800 metres Handicap Seniors (17 years & over)
1 st £40, 2 nd £20, 3 rd £10, 4 th £5 |

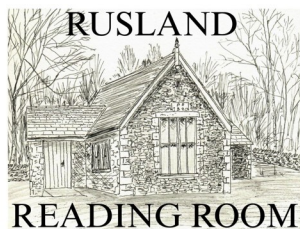
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HOUND TRAILS

Prize money for each trail is split between the first 6 hounds

- 1.30pm Event 1** Hound Trail (under H.T.A Rules) Trails Guarded.
The J. Ormandy Trophy plus £30
- Puppy Show
- 2.45pm Event 2** Puppy Trail (under H.T.A Rules) Trails Guarded.
The J. Wilkinson Trophy plus £25
- 3.15pm Event 3** Open Maiden (under H.T.A Rules) Trails Guarded.
The E. Smith Trophy awarded to the 1st puppy maiden in the puppy trail, plus £25
- 3.45pm Event 4** Open Restricted (under H.T.A Rules) Trails Guarded.
The Machell Trophy plus £25
- 4.15pm Event 5** Veterans (under H.T.A Rules) Trails Guarded
£25 Prize Money
- The Allan Dugdale Memorial Trophy presented to the Senior Hound with most points throughout the year.
The George Newby Memorial Trophy presented to the Puppy with most points throughout the year

RVHS Ltd would like to thank all those who have given permission for access to their land, enabling the fell races and hound trials to take place.

In order for Rusland Show to determine its responsibilities under the new Martyn's Law, Rusland Valley Horticultural Society Ltd will be undertaking a short drone survey of the show field at 2.30pm.

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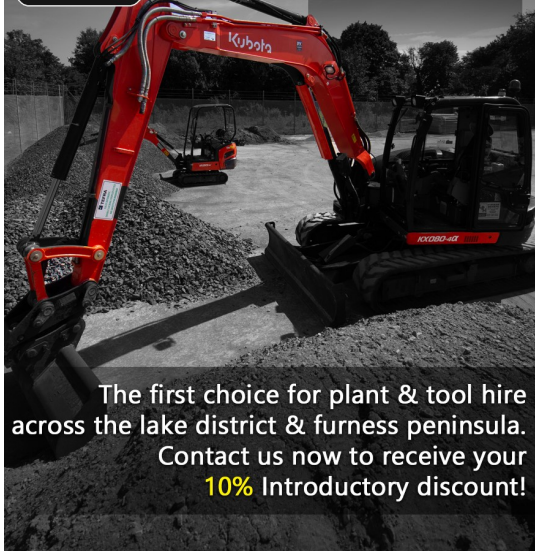
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1.30pm

Event 11

Under 12 Fell Race - Boys & Girls (9 -11 Years)
1st The Frank Lomas Trophy
3 Trophies for Boys (kindly donated by Quicks, Ulverston)
3 Trophies for Girls (kindly donated by Quicks, Ulverston)

Event 12

Under 14 Fell Race - Boys & Girls (12 -13 Years)
1st The R.M. Jackson Trophy
3 Trophies for Boys
3 Trophies for Girls

1.30pm

CHILDREN'S RACES (under 8 years)
See board at Sports Tent for details

2.15pm

Event 13

200 metres Handicap Seniors (17 Years & over)
Subject to the number of competitors heats may be run
1st Matt McMahon Trophy
1st £40, 2nd £20, 3rd £10, 4th £5

2.30pm

Event 14

Short Fell Race - Seniors & Under 17's (14 - 16 Years)
Men's Prizes: 1st £30 & The R. Harrison Trophy
2nd £15, 3rd £10
Ladies Prizes: 1st £30 & The Yvonne Haddow Salver,
2nd £15, 3rd £10
Male & Female Veteran Prizes
Over 40: 1st £10, Over 50: 1st £10, Over 60: 1st £10

1st U17 Boy or Girl The Lawson Trophy
U17's Boys 1st £15, 2nd £10, 3rd £5
U17's Girls 1st £15, 2nd £10, 3rd £5

2.45pm

CHILDREN'S PET SHOW (12 years and under)
Theme - Pet & Owner look alike

'DOG WITH THE WAGGIEST TAIL' COMPETITION
(winner will receive The Les Metcalfe Memorial Trophy)

3.00pm

Event 15

Adults Egg and Spoon Race (Over 17's)
Subject to the number of competitors heats may be run
1st £5, 2nd £3, 3rd £1

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- 3.15pm**
- Event 16** 1600 metres Handicap Boys & Girls: 8-16 Years old
3 trophies for boys & 3 trophies for girls
- Event 17** 1600 metres Handicap Senior (17 years & over)
1st The Vic Brockbank Trophy & £40, 2nd £20, 3rd £10, 4th £5
- Event 18** 200 metres Handicap, Boys 8-11 Years Old, 3 Trophies
- Event 19** 200 metres Handicap, Girls 8-11 Years Old, 3 Trophies
- Event 20** 200 metres Handicap, Boys 12 -16 Years Old, 3 Trophies
- Event 21** 200 metres Handicap, Girls 12-16 Years Old, 3 Trophies
- 3.30pm**
- Event 22** 400 metres Handicap Senior (17 years & over)
1st £40, 2nd £20, 3rd £10, 4th £5
- Event 23** 400 metres Handicap Boys & Girls: 8-16 Years Old
3 trophies for boys and 3 trophies for girls
- 3.45 pm**
- Event 24** **EGG THROWING & CATCHING** (teams of 2)
Adult and U16 teams - In the ring - £1 entry per team
1st Prize £5 for adults team & U16's team
Event sponsored by John Watson
Eggs provided by W&M Case & Sons, Plumpton Cottage Farm
- Event 25** **Tug of War**
Adults team – open to all teams of 6 (at least 2 females).
The winning team will receive £100, kindly donated by The Manor House, Oxen Park.
Children's teams of 8, aged 8 to 14.
The winning team will receive £40 donated by The Eagles Head, Satterthwaite